



EL VECINO

White Elephant Exchange
Tuesday, January 08 – 6:30 p.m.



718 N. Buckner Blvd. Ste. 108 Dallas, TX 75218

Remember, this is a White Elephant affair, so bring that “special gift” you want to pass along! Contact Deborah Carter, debwalk@earthlink.net.

Texas Trail Roundup – San Antonio

Friday, Saturday, Sunday February 23, 24, 25

Three days of walks exploring San Antonio. Distances from 5k – 42k available. Explore the River Walk and the Alamo, visit World Heritage Site Missions, and take in Brackenridge Park, Trinity University and more.

In 2017, the Texas Trail Roundup (TTR) walking club embarked on a 3 year process to bring the International Walking Association (IML) to Texas! The IML promotes health and friendship by promoting multi-day, international events. People from around the world attend each host country’s walks.

In order to be sanctioned by IML these events will be judged on quality, kindness to walkers, how interesting the San Antonio area is, and how many walkers attend. TTR is hoping to have these events in San Antonio approved by IML so they can be internationally sanctioned for 2020.

Website: <http://texastrailroundup.org/>
Brochure: <http://texastrailroundup.org/wp-content/uploads/2018/12/2019ttrbrochure12dec2018WEB.pdf> **Contact:** Susan Medlin: sueammed@aol.com

GARLAND – GROUND HOG DAY

Saturday, February 02
Start 9:00 a.m. – Noon



Start Point: 614 Main Street, Garland 75040

Garland is the 12th largest city in Texas, yet maintains its small town charm with a quaint downtown plaza and many historic churches and markers. The walk passes local businesses, the Richland College Garland Campus, the Civic Center, and more.

The walk is on city sidewalks and some grass and is rated 1A. It is suitable for strollers, but wheelchairs may have some difficulty.

This event qualifies for the T-Shirt Challenge, including the Club Social category if you stay and, well, socialize!



TVA MEETING IN WACO

March 01 - 03

Schedule:

Friday, March 01 – an afternoon Traditional walk in Historic Temple, TX.

Saturday, March 02

- A morning Traditional walk in Cameron Park.
- Trailmaster Certification Class 11:30 – 12:30.
- TVA Meeting 1:00 – 5:00 p.m.

Sunday, March 03 – Waco year-round walk.

If you are interested in training to become a Certified Trailmaster, please tell your Club President so they can get you signed up.

YEAR-ROUND* GROUP WALKS

RICHARDSON

Wednesdays @ 6:45 pm
 Heights Recreation Center
 711 W. Arapaho, Rd., Richardson
 POC: Farhaan 972-841-0009
 Farhaan67@yahoo.com

WHITE ROCK LAKE

Sundays @ 8:00 am
 Baylor Scott & White Hospital
 9440 Poppy Drive, Dallas
 POC: Sharon 972-270-4274
 oscarmayer123@tx.rr.com

*Year-round events (YREs) are self-guided walks available most every day. Some are offered as group walks at specific times.

MILESTONES

EVENTS

Victor Pallatto 30

UPDATE: SUBMITTING LOG BOOKS

Walkers who keep log books may now cut and tape (or paste) individual stamps from Insert Cards into their Event and Distance books. This may help with totaling up your kilometers, numbering your events, and reducing your clutter. You may cut and paste individual stamps from official insert pages, including on-line start box (OLSB) insert pages, into all books such as Events, Distance, National Programs, Regional Programs, and Special Programs books. Please, no staples!



PRESIDENT'S MESSAGE

Deborah Carter

On the 8th, join us for our January Social at El Vecino. The food is really good here. Remember to bring something for the White Christmas gift exchange. It's always fun!

It's time to renew your membership. Watch for a renewal email in your inbox. Also, please consider volunteering at one of our upcoming events in 2019. And don't forget to earn your T-Shirt in our 40th Anniversary Challenge!

If you can get down to San Antonio at the end of February, you can help bring international recognition to walking in Texas by attending and/or volunteering at the Texas Trail Roundup events the 23rd through 25th.

NOTE: The Calendar now links (in blue) to online event details.

CALENDAR OF EVENTS JANUARY - FEBRUARY, 2019		
Tuesday, Jan. 08	CLUB SOCIAL	El Vecino - Garland @ 6:30 p.m; White Christmas Gift Exchange
Saturday, Jan. 26	GROUP WALK	M-Streets @ 9:00 a.m.
Friday, Feb. 12	WORKERS WALK	Garland 9:00 a.m.
Saturday, Feb. 02	WALK	Garland; start 9:00 a.m. – Noon.
Tuesday, Feb. 12	BOARD MEETING	6:30 p.m.; Luby's Cafeteria, 6221 E. Mockingbird Ln.
Friday, Feb. 22	WALK	Alamo River Walk , Texas Trail Roundup; start 7:00 – 10:00 a.m. – International Walk Fest (10/6k)
Saturday, Feb. 23	WALK	World Heritage Sites and Marathon , Texas Trail Roundup; staggered start 6:45 – 10:00 a.m. – International Walk Fest (42/21/13/5k)
Sunday, Feb. 24	WALK	Brackinridge Park, Trinity University , Texas Trail Roundup; staggered start 7:30 – 11:00 a.m. – International Walk Fest (21/13/5k)



Smiles in Fort Worth, December 30th.

Club information: www.dallastrekkers.org • More walk listings: www.ava.org
Follow the Dallas Trekkers on Facebook and Meetup!