



CLUB SOCIAL

Tuesday, July 10 – 6:30 p.m.



7859 Walnut Hill Ln., Suite 140, Dallas

Appetizers, salads, burgers, sandwiches, entrees, and wood-fired pizza.

In Preston Hollow, across from Trader Joe's. Free garage parking next door. Menu here:

matchboxrestaurants.com/preston-hollow/

Contact Deborah, 214-549-0851.

CANADIAN VOLKSSPORT CONVENTION

If you are looking for a place to walk that's not so hot, consider Canada. Recently Helen Hull attended the Canadian Volkssport National Convention in Halifax, Nova Scotia in late May. She flew in early and met up with Ken and Susan Fine (ex-Fort Worth residents currently living in Hobbs, NM) for some pre-convention walking. They explored the Cape Breton area, visited the Alexander Graham Bell Museum in Baddeck, and enjoyed hiking and sightseeing in this northeastern province of Canada. At the convention, they ran into a couple of more Texans and former Texans.



Clay Baulch, Ken & Susan Fine, Helen Hull and Connie Clark in Canada.

TEXAS VOLKSSPORT ASSOCIATION MEETING

SAN ANGELO

Friday – Sunday, August 03 - 05

Fri., Aug. 03 – Concho River YRE, 6 – 8:30 p.m.

Follow the river past two garden areas, Fine Arts Museum and a unique downtown San Angelo shopping area highlighting 3 historic murals. It also goes through the beautiful San Angelo Visitor's Center.

Sat., Aug. 04 – Meetings

TVA Board of Directors Mtg. 10:30 – 11:30 a.m.

General Membership Mtg. 1:00 – 5:00 p.m.

Sun., Aug. 05 – Fort Concho/Water Lily YRE, 6:30 a.m.

Starts on the Concho River, runs along International Water Lily Collection, through the Sunken Gardens and Sculpture Garden, through downtown, and across the river to Fort Concho and the Railroad Depot.

Also available, on your way to or from San Angelo, are 5 year-round walks sponsored by the Texas County Walkers. Registration, stamps, and instructions will be available for these walks in San Angelo, as well as in the official start box at the Coleman Inn in Coleman.

Rockwall YRE Group Walk – Dallas Trekkers

Wednesday, July 04; start 8:00 a.m.

Contact: [Deborah](#)

Walk includes Harry Myers Park, the downtown Farmers Market, cemetery, and hillside neighborhood. Stay after for the 4th of July Parade at 11:00 am.

Richardson YRE Group Walk – Dallas Trekkers

Saturday, July 21; start 7:30 a.m.

Contact: [Deborah](#)

Paved trails and city sidewalks, wooded neighborhoods, includes Heights Park and Cottonwood Park.

Downtown YRE Group Walk – Dallas Trekkers

Saturday, August 18; start 7:30 a.m.

Contact: [Helen](#)

Water features, historic buildings and churches, Perot Museum, Klyde Warren Park, see what's new in the city's evolving landscape.

Tyler State Park YRE Group Walk – East Texas Trekkers

Saturday, August 25; start 9:00 a.m.

Contact: [Helen](#)

Walk on park roads and trails. Event includes club meeting and picnic.

YEAR-ROUND* GROUP WALKS

RICHARDSON

Wednesday evenings @ 6:45 pm
 Heights Recreation Center
 711 W. Arapaho, Rd., Richardson
 POC: Farhaan 972-841-0009

WHITE ROCK LAKE

Sundays @ 7:00 am
 City Hospital at White Rock
 9440 Poppy Drive, Dallas
 POC: Sharon 972-270-4274

*Year-round events (YREs) are self-guided walks available most every day. Some are offered as group walks at specific times.

MILESTONES

DISTANCE (km)

Ariel Burmeister	1,000
John Burmeister	1,000
Ruthi Worsham	1000, 1,500
David Sheppard	4,000
Dorris Bender	6,000
Bonnie Avonrude	7,000
Gary Silkworth	13,000
Helen Hull	16,000, 17,000

EVENTS

Stephen Worsham	10
Dee Lubbock	75
Ruthi Worsham	75, 100, 125, 150, 175
David Sheppard	450
Bonnie Avonrude	750
Deborah Carter	850
Helen Hull	1,700



Extra congratulations are in order to **Bonnie Avonrude** and **Ruthi Worsham** for completing the 2017 Centurion Award – 100 events in 1 year!

PRESIDENT'S MESSAGE

Deborah Carter

Next year will mark the 40th anniversary of the founding of the Dallas Trekkers Walking Club. That's 40 years of fitness, friendships, and discovery! We're planning to celebrate during 2019 by returning to *your* favorite walks and restaurants that we've experienced through the years. We'll also be rewarding you with a commemorative T-shirt, but you'll have to earn it. Complete walk 3 year-round events, 2 traditional events, and attend 1 club social and the T-shirt is yours. Pretty easy and pretty fun!

Send us ideas of where you'd like to walk or eat (old and new) so we can start planning. You can email us at dallastrekkers@earthlink.net.

NOTE: links in blue for details.

CALENDAR OF EVENTS JULY – AUGUST, 2018		
Wednesday, July 04	GROUP WALK	Rockwall YRE @ 8:00 a.m.; parade at 11:00 a.m.
Tuesday, July 10	CLUB SOCIAL	Matchbox @ 6:30 p.m.
Saturday, July 21	GROUP WALK	Richardson YRE @ 7:30 a.m.
Fri. – Sun. August 03 - 05	TVA MEETING and WALKS	San Angelo ; Concho River YRE, Association Meeting, Fort Concho YRE, Texas County Walkers YREs.
Tuesday, August 14	BOARD MEETING	Edith's French Cafe @ 7:00 p.m.
Saturday, August 18	GROUP WALK	Downtown YRE @ 7:30 a.m.
Saturday, August 25	GROUP WALK	Tyler State Park YRE @ 9:00 a.m., East Texas Trekkers



Helen, Jody, and Deborah on the Bridge.



Linda MacDonald with a friend at White Rock Lake



Irene, Deborah, Marilyn, Dorris, Dianne, and Candy
 Guess where?



Gary, Heidi, Helen, Dianne, Irene, Walter, Dorris,
 Brooke, Dee, and David in Waco.

Club information: dallastrekkers.org • More walk listings: ava.org
Follow the Dallas Trekkers on Facebook and Meetup!