



CLUB SOCIAL

Tuesday, September 12 – 6:30 p.m.



Rodeo Goat

1926 Market Center Blvd., Dallas 75207

Craft Burgers, veggie burgers, craft beer, salad; substitute chicken, veggie, quinoa for beef on any burger. Contact: Deborah Carter, debwalk@earthlink.net.

DISTINGUISHED ACHIEVEMENT AWARDS

Five distinguished Achievement Awards were presented at the 2017 American Volkssport Convention. Three went to Texans! The award recognizes individuals who have given at least 8 years of extraordinary, unequalled and exemplary service to the AVA.



Left to right: Maryann Brown, Oregon; Ed Hainline, Oregon; and our own Deborah Carter, Texas. Texans not pictured but also receiving the award: Helen Bateman (Dallas Trekkers) and Joanne Forinash (Selma Pathfinders).

Dallas Trekkers Still on the Move

We've moved our Post Office box. Our new mailing address is:

Dallas Trekkers Walking Club
P. O. Box 1445
Mesquite, TX 75185-1445

DALLAS HOSPITAL DISTRICT WALK

Saturday, October 28

Start: 8:00 a.m. – 11:00 a.m.



William P. Clements University Hospital

Walk the parks and campuses of Dallas' Medical District, including the Bird Sanctuary on UTSW Campus. Our Start Point is Sonny Bryan's Smokehouse, 2200 Inwood Rd, Dallas. Sonny Bryan's is a Dallas institution, serving barbeque since 1958. Point of Contact: Deborah Carter, debwalk@earthlink.net.



West Texas Trail Walkers

- Sitting Bull Falls – **Friday October 6, start 8:30 – 10:30 a.m.**
 - Guadalupe Peak – **Saturday October 7, start 8:00 – 9:00 a.m.**
 - Smith Springs – **Saturday October 7, start 8:00 – 10:00 a.m.**
 - Guano Trail/Carlsbad Caverns – **Sunday October 8, start 7:00 – 9:00 a.m.**
- Linda Fields - lgfields@sbcglobal.net

3 days of hiking in Sitting Bull Falls Recreation Area, Guadalupe Mountains National Park, and Carlsbad Caverns National Park.

Hood County Hummers – Walk Hillsboro

Saturday October 14, start 8:00 – 10:00 a.m.
Sonny Byington sonnyraeb@gmail.com

You will walk city streets, country road, residential streets & a city park, including interesting downtown. The walk has mild grades of up and down.

East Texas Trekkers – Historic Mount Vernon

Saturday October 21, start 9:00 a.m. - Noon
Helen Hull: helenthehun@yahoo.com

Explore historic Mount Vernon, home of two legends, Dandy Don Meredith (football icon) and Henry Clay Thurston (tallest soldier in the Confederate Army who was 7' 7"). Walk passes many historic homes, museums, and other buildings.

YEAR-ROUND* GROUP WALKS

RICHARDSON

Wednesday evenings @ 6:45 pm
 Heights Recreation Center
 711 W. Arapaho, Rd., Richardson
 POC: Farhaan 972-841-0009
 Farhaan67@yahoo.com

WHITE ROCK LAKE

1st - 4th Sundays @ 7:00 am
 Baylor Scott & White Hospital
 9440 Poppy Drive, Dallas
 POC: Sharon 972-270-4274
 oscarmayer123@tx.rr.com

*Year-round events (YREs) are self-guided walks available most every day. Some are offered as group walks at specific times.

MILESTONES

DISTANCE (km)

Deborah Prater 500

EVENTS

Congratulations to **Bonnie Avonrude** for completing the Centurion Award – 100 events in 1 year, 2016!



National Awards presented at the 2017 AVA Convention in Billings:

DISTINGUISHED ACHIEVMENT

Helen Bateman Deborah Carter

MERITORIOUS SERVICE

Donna Hall David Sheppard
 Helen Hull Gary Whitford
 Linda McDonald

COMMENDABLE SERVICE

Lesley Bowen Bob Rountree
 Helen Hull Sharon Roy
 Marilyn Nash

PRESIDENT'S MESSAGE

Deborah Carter

ELECTIONS – Each November of odd numbered years, we elect our Club Board Members. The Board manages club finances, plans walks, special events and socials, and conducts other Club business. Current candidates are:

President: Deborah Carter Treasurer: Dianne Duke
 First Vice President: Helen Hull Secretary: Ruthi Worsham
 Second Vice President: Donna Hall

If you would also like to be a candidate for one of these positions, contact Bob Rountree (jrtree@swbell.net), Sharon Roy (oscarmayer123@tx.rr.com), or David Sheppard (dahv@earthlink.net).

INSURANCE – Each walk event we host is insured by an American Volkssport Association (AVA) liability policy. In order to be covered by this secondary insurance you must properly register at each event. This means legibly signing, dating, and fully completing your contact information, including your address, on all start cards and/or registration logs. A parent or legal guardian must sign for their minor children.

NOTE: The Calendar now links (in blue) to online event details.

CALENDAR OF EVENTS SEPTEMBER - OCTOBER, 2017		
Monday, Sept 04	GROUP WALK	Uptown YRE @ 7:30 a.m.
Saturday, Sept 09	WALK	World Heritage Festival, Tour de las Misiones , San Antonio – Selma Pathfinders; start 8 – 9:00 a.m.
Tuesday, Sept 12	CLUB SOCIAL	Rodeo Goat @ 6:30 p.m.
Saturday, Sept 16	GROUP WALK	Downtown YRE @ 5:30 p.m.
Saturday, Sept 23	WALK	Palestine YRE , East Texas Trekkers; start 9 – 9:30 a.m.
Fri. - Sun. Oct. 6 – 8	WALKS	3 days 4 hikes , West Texas Trail Walkers.
Saturday, Oct. 14	WALK	Hillsboro , Hood County Hummers; start 8 – 10 a.m.
Tuesday, Oct. 17	BOARD MEETING	7:00 p.m., Dave & Deborah's house.
Saturday, Oct. 21	WALK	Historic Mount Vernon , East Texas Trekkers; start 9:00 a.m. – Noon.
Sunday, Oct. 22	WORKERS WALK	Hospital District Walk @ 1:00 p.m.
Saturday, Oct. 28	WALK	Hospital District Walk ; start 8 – 11:00 a.m.



Waxahachie group walk, July 4.



Richardson Group Walk July 27

Club information: www.dallastrekkers.org • More walk listings: www.ava.org
Follow the Dallas Trekkers on Facebook and Meetup!

Dallas Trekkers, Inc. is a member of the American Volkssport Association and has been promoting healthful walking and trail development in the Dallas area since 1979. President: Deborah Carter 972-285-8102 debwalk@earthlink.net • 1st VP: Helen Hull 972-530-1026 helenthehun@yahoo.com • 2nd VP: Donna Hall 972-285-2904 donnawimberlyhall@gmail.com • Secretary: Ruthi Worsham 214-538-9906 ruthiworsham@gmail.com • Treasurer: Dianne Duke 214-368-9730 d.w.duke@live.com • Dallas Trekkers, P.O. Box 43813, Dallas, TX 75374-3813. Please submit articles, reports, and digital photos to David Sheppard, e-mail: dahv@earthlink.net. Deadline for Nov. - Dec. newsletter is October 15th.