

Dallas Trekkers Year-Round Events

Year Round Events are self-guided walks available most every day. All Dallas Trekker events are open to the public. Some Year Round events have scheduled group walks throughout the year.

Dallas – Cedar Ridge Preserve

Park in the Woods Recreation Center
6801 Mountain Creek Pkwy, Dallas, TX
Group Walk: 1st Sundays @ 9:00 AM

Dallas – Downtown

Union Station, 400 S. Houston St., Dallas, TX
Group Walk: See website for dates

Dallas – SMU/M Streets

Starbucks Coffee Shop @ Mockingbird Station
5331 E. Mockingbird Lane, Dallas, TX
Group Walk: See website for dates

Dallas – Uptown

McDonald's, Fitzhugh @ US 75, Dallas, TX
Group Walk: See website for dates

Dallas – White Rock Lake

Doctor's Hospital, 9330 Poppy Drive, Dallas, TX
Group Walk: Sunday mornings (except 1st Sunday)
8:00 AM in Winter, 7:00 AM in Summer. See website.

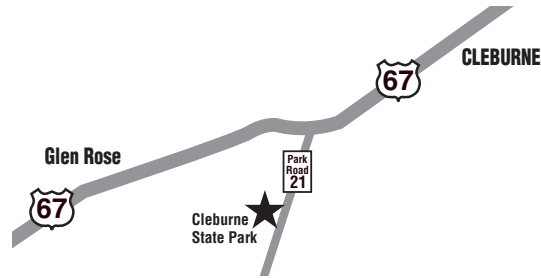
Richardson – City Parks

Whole Foods, Coit & Beltline, Richardson, TX
Group Walk: Wednesdays @ 6:45 PM

Waxahachie – Historic & Park Trails

Police Station, 216 N. College St., Waxahachie, TX
Group Walk: See website for dates

www.dallastrekkers.org



Cleburne State Park

5800 Park Road 21, Cleburne, TX 76033
817.645.4215

The park is located ten miles southwest of Cleburne. Take Highway 67 south out of Cleburne. Turn left on Park Road 21. Park is another six miles on the right.



Established in 1979, the Dallas Trekkers exist to promote non-competitive walking for fun, fitness and friendship. We sponsor scheduled walking events as well as group walks throughout the city. Visit the Dallas Trekkers web site for more information on our club and its weekly group walks and special events:

www.dallastrekkers.org

Cleburne State Park

Cleburne, Texas



6K & 10K HIKE
or combine both for a 16K

Saturday
October 23, 2010

Sponsored by the
Dallas Trekker Walking Club

SW10/86839



Location

CLEBURNE STATE PARK

5800 Park Road 21, Cleburne, TX 76033



Fossil of an ammonite shell found on Fossil Ridge Trail near limestone quarry.

Start / Finish Times

Park Gate opens: 8:00 am

Start Times: 9:00 am – 12:00 Noon

Finish Time: 3:00 pm

You must be off the trail by this time.

Parking is limited—Please park close together and do not park on grass. Carpooling is recommended.

Pets

Dogs are allowed on a leash only. Please pick up after your pets. Bicyclists are on trail too, so please keep your dog under control and on a short leash.

Water & Restrooms

Restrooms will be available at the Start/Finish. Water and restrooms will be available at checkpoints. Bring your own water and stay hydrated.

Trail Description

Two Routes: 6K (figure-8 loop) & 10K (loop) on wooded hike/bike trails.

The 6k & 10k are different routes except for about a quarter-mile thru the woods. The 6k goes across the dam with great views of the lake and spillway, continues down a park road to another trail loop. The 10k climbs a steep limestone trail to the overlook—with great views of the beautiful masonry, three-level spillway and lake, then continues around the lake through the woods. Combine both trails for 16K.

HIGHLIGHTS: Spillway, lake, woods, meadows, fossils.

TRAIL SURFACE: Parts are hilly & rocky. Trail is mostly shady with some packed dirt.

RATED: 3 due to rocky, uneven terrain, steep inclines and water crossings. We strongly suggest water-proof hiking boots and hiking stick. Not suitable for wheelchairs or strollers.

Eligibility & Fees

This walk is open to the public. Everyone is welcome, but an adult must accompany any children under 12 years of age at all times. All participants must sign a waiver of liability and must carry a start card and return this start card to the finish table upon completion of the walk. Participants may register at the start point on the day of the walk. Walk will be held regardless of weather. No refunds.

Walk Fee (includes IVV Credit).....**\$3.00**

Park Fee.....**\$3.00** (pay at gate)

You may walk for free if you do not wish IVV credit, but everyone must pay the park entrance fee. If attendant is not on duty, please drop money in the box.

Cleburne State Park

The 528-acre park was opened in 1938 thanks in part to the hard work done by the Civilian Conservation Corps, whose efforts are apparent in the elaborate masonry spillway they constructed adjacent to the park's 116-acre spring-fed Cedar Lake. Camping & cabins available at park. All campsites provide a picnic table and grill along with a campfire ring. Screened shelters can be found nestled in among the cedars and within view of beautiful Cedar Lake.

Hike/bike trails zigzag through rocky hills, limestone canyons and ruggedly beautiful wooded terrain.

Dallas Trekkers Walking Club

The Dallas Trekkers are part of the American Volkssport Association (AVA). The word Volkssport comes from a German term that literally means "sport of the people." Founded in 1976, the AVA is an educational non-profit 501(c)(3) corporation, dedicated to promoting non-competitive physical fitness, friendship and fun through volkssporting events. Besides the Dallas Trekkers, there are more than 300 other volkssporting clubs in the United States. For more information, visit www.ava.org.

Sponsors

Dallas Trekkers Inc. (d.b.a. Dallas Trekkers Walking Club) sponsor this event. Neither the sponsor nor the coordinating entities are liable for accidents, theft and/or material damage. Reasonable efforts have been taken to make this event safe and enjoyable.

Point of Contact

Lesley Bowen 214-732-6725
lesleybowen@aol.com