



JULY MEMBERSHIP SOCIAL: BREAD WINNERS CAFÉ & BAKERY, INWOOD VILLAGE

TUESDAY, JULY 13th • 6:30 p.m.

5560 W. Lovers Lane, Ste. 260, Dallas, TX 75209 • 214-351-3339

Our bimonthly membership meeting and club social will be at Bread Winners Café & Bakery. We'll have a brief business meeting and visit over dinner afterwards. Mark your calendar now and plan to join us!



RECAP: ROCKWALL WALK

We had 66 walkers for a nice day in Rockwall on May 8th. Thanks to all the volunteers!



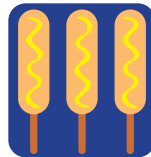
Dianne and grandson getting their books stamped by Beverly, Carole, Kitty, and Maggie are the other volunteers at the start and finish tables.



Two 5km finishers (Ken and Dorothy King's dachshunds). Photos: Dave Sheppard.

NEW THIS FALL: SEASONAL EVENT AT THE STATE FAIR OF TEXAS

by David Sheppard



Have you ever been to the State Fair and wished you could have gotten credit for all the miles you walked? Have you never been to the State Fair but have wanted a reason to go? Do you always go to the State Fair but want something a little different? Here's your chance!

The Dallas Trekkers are planning a seasonal event at the State Fair that will last from September 26 through October 17, 2010. (A seasonal event is like a year-round event, but it is open for a limited time.)

The State Fair of Texas first opened in 1886 as the Dallas State Fair & Exposition. It draws the largest annual attendance of any state fair, and it boasts the largest Ferris wheel in North America, the Texas Star. Famous for corny dogs, Big Tex, and deep fried "anything," it also hosts the annual auto show, live entertainment, creative arts competitions, cooking, gardens, livestock, wild birds, and the bustling midway with attractions and games. Did I mention the Belgian waffles?

For those who prefer company, we'll set up some group walking times. Of course, you can go on your own or grab a couple of friends to take with you. Use the Dallas Area Rapid Transit (DART) Green Line for convenience. Watch or listen to local media for discounts. Visit the official website, www.bigtex.com, for schedules and full lists of everything the State Fair has to offer. See you there!



Big Tex made his debut at the State Fair of Texas in 1952. He's undergone a few makeovers since then, but he remains a memorable and iconic figure. Photo: Beverly Peters.

YEAR-ROUND* GROUP WALKS

WHITE ROCK LAKE 10KM

Most Sundays @ 7:00 a.m.
Doctors Hospital, 9330 Poppy Dr
POC: Beverly 972-489-3072
bpetersels@netscape.net

RICHARDSON 10KM

Wednesday evenings @ 6:45 p.m.
Whole Foods, Coit @ Beltline
POC: Cathy 972-386-5922
cathy@classicopenings.com

CEDAR RIDGE PRESERVE 10KM

1st Sunday each month @ 7 a.m.
(Note earlier time.) Meet in the park at the restroom building, 7171 Mountain Creek Pkwy
POC: Bob 214-369-5658
jrtree@swbell.net

Please do not use prime parking at start point locations. Always check the website for any last-minute changes or updates.

*Year-Round Events (YREs) are self-guided walks available most every day. Some are offered as group walks at specific times.



MILESTONES

EVENTS:

Dianne Duke 75
Bob Rountree 125
Deborah Carter 325

DISTANCE (KM):

Donna Hall 1000
Dianne Duke 2000
Deborah Carter 4000
Bob Rountree 4000
Helen Bateman 13000

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on Facebook

PRESIDENT'S MESSAGE by Helen Bateman

Thanks to everyone who came out and supported our April and May walks at Fossil Rim, Rockwall, and Farmers Branch. As usual we couldn't have done it without our volunteers! For July and August, we will be doing some early morning group walks along with our Wednesday evening Richardson group walks and an evening group walk in Downtown Dallas. If you come out to walk, be sure to dress for the heat and bring plenty of water.

Our membership social will be on July 13th at Bread Winners on Lovers Lane. There will be some brief club business, then we will eat and chat. If you are new to the club, please come by and visit. We would love to meet you and answer any of your questions about our club or volksmarching.

July also brings the annual Sunrise Stroll. Set your alarms early on July 17th and go out to support the Plano club! And remember, feel free to volunteer at Cedar Ridge Preserve on their work days, and look for more volunteer opportunities in September and October at another place we love to walk.

RECAP: RECENT WALKS



Left: Banner and busy start point for the Liberty Fest Walk in Farmer's Branch on May 29th. Photos: Dave Sheppard.
Right: Group walk participants in front of a historic gingerbread house on Main Street in Waxahachie on June 5th. Photo: Bill Nash.

CALENDAR OF EVENTS • JULY–AUGUST 2010

Sunday, July 4	GROUP WALK	CEDAR RIDGE PRESERVE YRE @ 7:00 a.m. (Note earlier time; meet in the park)
Saturday, July 10	GROUP WALK	UPTOWN YRE @ 7:00 a.m.
Tuesday, July 13	CLUB SOCIAL	BREAD WINNERS, INWOOD VILLAGE @ 6:30 p.m.
Saturday, July 17	SERVICE WORK	CEDAR RIDGE PRESERVE—Trail & habitat maintenance, 9:00–11:00 a.m.
Saturday, July 17	WALK	SUNRISE STROLL, LOOKOUT PARK IN RICHARDSON—Plano Walking Club
Friday, July 23	GROUP WALK	DOWNTOWN YRE @ 6:30 p.m.
Sunday, August 1	GROUP WALK	CEDAR RIDGE PRESERVE YRE @ 7:00 a.m.
Sunday, August 8	WALK	UVALDE, TEXAS (in conjunction w/TVA meeting on Aug. 7)—BTC Oddsports Club
Tuesday, August 10	BOARD MEETING	REI @ 7:00 p.m.
Saturday, August 14	GROUP WALK	SMU / M STREETS YRE @ 7:00 a.m.
Saturday, August 21	SERVICE WORK	CEDAR RIDGE PRESERVE—Trail & habitat maintenance, 9:00–11:00 a.m.

Club information: www.dallastrekkers.org • More walk listings: www.ava.org

The Dallas Trekkers, Inc., is a member of the American Volkssport Association and has been promoting healthful walking and trail development in the Dallas area since 1979.

Your 2010–2011 Club Officers are—President: Helen Bateman 214-732-3419 helenbateman@earthlink.net

1st VP: Deborah Carter 972-285-8102 dahv@earthlink.net • 2nd VP: Dianne Duke 214-368-9730 d.w.duke@live.com

Secretary: Helen Hull 972-530-1026 helenhull@yahoo.com • Treasurer: Bob Rountree 214-369-5658 jrtree@swbell.net

Dallas Trekkers, P.O. Box 743813, Dallas, TX 75374-3813

Please submit articles, reports, and digital photos to Beverly Peters, e-mail: bpetersels@netscape.net. Deadline for the September–October newsletter is August 15th.