



SEPTEMBER MEMBERSHIP SOCIAL: TRINITY HALL IRISH PUB



TUESDAY, SEPTEMBER 8th

Dinner/Meeting: 6:30 p.m. • Walk: 7:30 p.m.

5321 E. Mockingbird Lane, Dallas, Texas 75206 • 214-887-3600

Please join us for our bimonthly membership meeting and club social at Trinity Hall, which is on the upper level at Mockingbird Station, next to the Angelika Film Center. We'll visit over dinner and have a short business meeting. Weather permitting, we'll take a 5K walk around SMU. See you there!

VISORS FOR SALE. Red with white armadillo/AVA logo. Available at the membership meeting for only \$5 each or 3 for \$12.



RECAP: GROUP WALK AT CEDAR RIDGE PRESERVE



Above, left to right: Deborah Carter, Diane Duke, Sue Wolfson, Lesley Bowen, Carla Shelton, and Linda McDonald at Cedar Ridge Preserve in August. Below: The Cattail Pond offers a tranquil resting spot. Photos by Marilyn Nash.



UPCOMING EVENT

OCTOBER 31st



by Deborah Carter

The third event in the Dallas Trekkers Neighborhood Walk series will take place in the Hollywood/Santa Monica area of East Dallas. This neighborhood is represented by an active association that celebrates Halloween in a big way by dressing up and gathering in Lindsley Park. So, come as your favorite Hollywood character and join us October 31, 2009. Start time is from 8:00 a.m. to noon at the Samuel Grand Recreation Center. Prizes will be awarded for the best, the scariest, and the most original costumes!



A haunted mansion? No, this ornate building is Woodrow Wilson High School in the Hollywood/Santa Monica neighborhood of East Dallas. Historic homes abound in this area, which was designated as a conservation district in 1989.

YEAR-ROUND* GROUP WALKS

WHITE ROCK LAKE 10K

Sundays @ 7:00 a.m. through September. **Start time changes to 8:00 a.m. on October 11th.**
Doctors Hospital, 9330 Poppy Dr
POC: Beverly 972-489-3072
bpetersels@netscape.net

RICHARDSON 10K

Wednesday evenings @ 6:45 p.m.
Whole Foods, Coit @ Beltline
POC: Cathy 972-386-5922
cathy@classicopenings.com

SAMUELL FARM 10K

Resuming on October 4th:
1st Sunday each month @ 9 a.m.
100 US Hwy 80 E, Mesquite
(Just east of Beltline Road)
POC: Dave 972-285-8102
dahv@earthlink.net

KATY TRAIL/UPTOWN 10K

Once a month—see calendar
McDonald's, Fitzhugh @ US 75
POC: Helen 214-732-3419
helenbateman@earthlink.net

Please do not use prime parking at start point locations. Always check the website for any last-minute changes or updates.

*Year-Round Events (YREs) are self-guided walks available most every day. Some are offered as group walks at specific times.



MILESTONES

EVENTS:

Deborah Carter 275

DISTANCE:

Phyllis Girard 1500K
David Sheppard 1500K
Deborah Carter 3000K
Marilyn Nash 6000K

Club information:

www.dallastrekkers.org

More walk listings: www.ava.org



PRESIDENT'S MESSAGE

by Helen Bateman

With the convention behind us, let's get back to doing what we do best: holding walks. To start us off, we have a walk in Hollywood—a neighborhood east of Downtown Dallas—on October 31st. That walk is followed by our 30th anniversary walk and celebration at Fossil Rim near Glen Rose on November 21st. These will both be great walks, so save the dates.

Speaking of saving dates, we currently have the following event dates scheduled for 2010: January 9, May 8, May 29, June 5, October 30, and November 20. We have walks and directors for some of these dates, and ideas for other walks. But if you are interested in holding a walk, have some ideas on locations for walks, or want a walk on another date, please get in touch with our First Vice President, Marilyn Nash.

Now on to some other Dallas Trekkers business:

- **Election Time.** On November 10th, we will have our annual membership meeting. It is time to elect officers for the club. A nominating committee has been formed and will be seeking members to serve. If you wish to serve on the board or the club's advisory council, please contact a member of the nominating committee. The nominating committee members are Dianne Duke, Sharon Roy, and Sue Wolfson, with Jim Carlo and Lesley Bowen assisting in an advisory capacity.
- **Anniversary T-shirts.** Enclosed with this newsletter, you should not only have received a brochure for the Hollywood walk but also an order form for a new club T-shirt celebrating 30 years of walking in North Texas. The shirt was designed by Lesley Bowen. I encourage you to pre-order, as only a small number of additional T-shirts will be ordered. We expect the shirts to be available at the Fossil Rim walk.
- **Website.** We are going to undertake updating the Trekkers website. If there is anything that you would like to see on the website, please let me know.

Don't forget—invite your friends, family, and co-workers to come walk with you and us. Spread the word and grow our club! I hope to see you soon.

CALENDAR OF EVENTS • SEPTEMBER–OCTOBER 2009		
Saturday, September 5	GROUP WALK	PALESTINE YRE @ 9:00 a.m.
Tuesday, September 8	CLUB MEETING	TRINITY HALL IRISH PUB, MOCKINGBIRD STATION @ 6:30 p.m.
Saturday, September 12	GROUP WALK	DENTON YRE @ 8:00 a.m.
Saturday, September 19	WALK	TENNESSEE COLONY, TX (Gus Engeling Wildlife Mgmt Area)—East Texas Trekkers
Saturday, September 26	GROUP WALK	CEDAR RIDGE PRESERVE YRE @ 8:00 a.m. (West Texas training walk)
Friday, October 2	GROUP WALK	UPTOWN YRE—McDonald's @ 6:45 p.m.
Saturday, October 3	WORKERS WALK	HOLLYWOOD/SANTA MONICA—Samuell Grand Rec Center @ 9:00 a.m.
Sunday, October 4	GROUP WALK	SAMUELL FARM YRE @ 9:00 a.m.— First Sunday group walks resume!
Friday, October 9	BOARD MEETING	CANYON, TX—Holiday Inn Express @ 7:30 p.m.
Fri–Sun, October 9–11	MULTIPLE WALKS	PALO DURO CANYON—West Texas Trail Walkers
Saturday, October 17	WALK	GILMER YAMBOREE FESTIVAL—East Texas Trekkers
Sunday, October 18	WALK	THE COLONY, TX (Stewart Creek Park Trailhead)—Plano Walking Club
Saturday, October 24	30th ANNIV. WALK	MINERAL WELLS, TX (Clark Gardens Botanical Park)—Tarrant County Walkers
Saturday, October 31	OUR WALK	HOLLYWOOD/SANTA MONICA (Samuell Grand Recreation Center)

LOOKING AHEAD: November—Our 30th Anniversary Walk at Fossil Rim; Turkey Trot in Downtown Dallas
December—Holiday Lights group walks . . . Stay tuned for more information!

The Dallas Trekkers, Inc., is a member of the American Volkssport Association and has been promoting healthful walking and trail development in the Dallas area since 1979.

Your 2008–2009 Club Officers are—President: Helen Bateman 214-732-3419 helenbateman@earthlink.net

1st VP: Marilyn Nash 972-617-5158 marilyn_nash@aircanopy.net • 2nd VP: Deborah Carter 972-285-8102 dahv@earthlink.net

Secretary: Helen Hull 972-530-1026 helenhull@yahoo.com • Treasurer: Bob Rountree 214-369-5658 jrtree@swbell.net

Dallas Trekkers, P.O. Box 743813, Dallas, TX 75374-3813

Please submit articles, reports, and digital photos to Beverly Peters, e-mail: bpetersels@netscape.net. Deadline for the November–December newsletter is October 15th.