



MAY MEMBERSHIP SOCIAL: HOTEL LAWRENCE

TUESDAY, MAY 12th

Dinner/Meeting: 6:00 pm • Walk: 7:00 pm

FOUNDERS GRILL, HOTEL LAWRENCE • 302 S. Houston
(near Union Station), Dallas, TX 75202 • 214-749-5100

Please join us for our bimonthly membership meeting and club social at the Hotel Lawrence. We'll visit over dinner and then have a short business meeting. Afterwards, weather permitting, we'll enjoy a 5K walk in Downtown Dallas.



GEARING UP FOR A GREAT CONVENTION

by Deborah Carter, 2009 AVA Convention Operations
Director and Dallas Trekkers 2nd Vice President

The 2009 AVA Convention—June 22–26 at the Renaissance Hotel in Richardson—is almost here! The convention walks will start and finish at the hotel. Walkers will board DART trains at the Galatyn Plaza station, next to the hotel, and ride the train to rail stations to begin each walk. Four of our walks (Downtown Fort Worth, Downtown Dallas, Uptown Dallas, and White Rock Lake) will be held as multi-day events, June 22–25. On June 26th, the President's walk will be held at the hotel and will go through the Galatyn Wood Preserve and the Spring Creek Nature Area.

If you missed the May 1st pre-registration deadline, you can still register on-site in June at the convention. Attendees can participate in interesting workshops (my favorite), enjoy great social events, and see the National Executive Council of the AVA in action at the general sessions. Special souvenirs will be available in limited quantities.

The Convention Planning Committee has been a team effort of Texas walking clubs. It has been great working with the Tarrant County Walkers, the Star Trekkers of Irving, the Plano Walking Club, the Randolph Roadrunners, and the Texas Volkssport Association to develop the best convention possible.

NINE IN '09: A GALLERY OF YEAR-ROUND EVENTS

Scenic parks, historic buildings, bustling city streets, and more: our year-round events (YREs) have something for everyone. These photos, from past events and group walks, illustrate the variety. Enjoy one of our YREs soon and walk nine in '09!



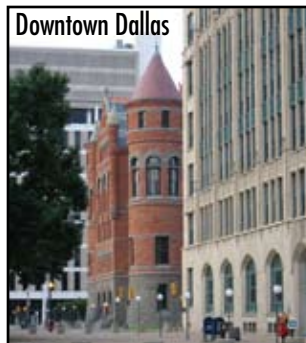
Uptown/Katy Trail



White Rock Lake



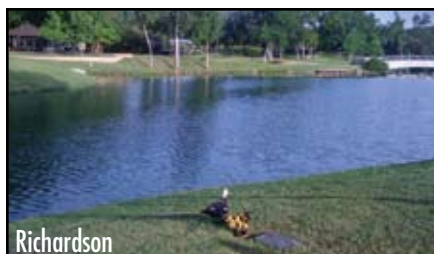
Denton



Downtown Dallas



Samuell Farm



Richardson



Waxahachie



Cedar Ridge Preserve



SMU/M Streets

YEAR-ROUND* GROUP WALKS

WHITE ROCK LAKE 10K

Most Sundays @ 7 am
(Note change in start time!)
Doctors Hospital, 9330 Poppy Dr
POC: Beverly 972-489-3072
bpetersels@netscape.net

RICHARDSON 10K

Wednesday evenings @ 6:45 pm
Whole Foods, Coit @ Beltline
POC: Cathy 972-386-5922
cathy@classicopenings.com

SAMUELL FARM 10K

1st Sunday each month @ 9 am
100 US Hwy 80 E, Mesquite
(Just east of Beltline Road)
POC: Dave 972-285-8102
dahv@earthlink.net

Please do not use prime parking at start point locations. Always check the website for any last-minute changes or updates.

*Year-round events (YREs) are self-guided walks available most every day. Some are offered as group walks at specific times.



MILESTONES

DISTANCE (kilometers):

Bob Rountree 3000



Visit www.dallastrekkers.org
for club information
and www.ava.org
for more walk listings

WE STILL NEED VOLUNTEERS

It's not too late to volunteer to help with the convention. Contact Donna Hall (dw.hall@tx.rr.com), even if you have only a couple of hours to spare. All assistance is welcome!

PRESIDENT'S MESSAGE by Helen Bateman

As we enter our warmer months, remember that we do walk throughout the summer in Dallas—just earlier than normal and with more water. Some new members have joined recently, so be sure to welcome them when you see them. We are expecting a lot of visitors the week of June 22nd as the American Volkssporting Association (AVA), our parent organization, will be holding its Biennial Convention in Richardson. I hope you will find time to come out and walk and also volunteer. It has been a busy few years for many of us in the Metroplex, and we sure appreciate your support!

Our club celebrates its 30th year in November. To get ready for our anniversary walk, get out and walk all nine of our YREs. We've featured them in this newsletter, not only as a reminder to the membership but also as a welcome to the visiting AVA conventioners. Information on these YREs can be found on the club's website, www.dallastrekkers.org. Thanks for walking with us.

IN MEMORIAM: JOHN H. FERGUSON

February 3, 1936–March 9, 2009

John loved volksmarching and visiting with friends. It was always an adventure to walk with John. He usually walked the trail in reverse so he could walk facing other walkers and visit with everyone along the way, always stopping to give doggie treats to any dog he passed.

John was a mentor and a friend to many. As a member of many area clubs, he was always eager to help, offer encouragement, or make you laugh. He was also a passionate and often outspoken advocate who preached publicity about the AVA. As such, he founded the Dallas Trekker Friendship Walks. The best way to honor John's memory is to spread the word . . . and bring a friend to your next volksmarch.

On April 21st, Bob Rountree, Beverly Peters, and I attended the 2009 Dallas Aggie Muster. In keeping with the revered A&M tradition, Bob lit a candle for John, class of 1957. When John's name was called, we answered "Here!" to show that John's spirit is still with us. It was an honor to do so.

—Lesley Bowen



John Ferguson with Nancy Christiansen.

CALENDAR OF EVENTS • MAY–JUNE 2009

Saturday, May 2	GROUP WALK	RICHARDSON YRE — Whole Foods, 8:30 am (Cottonwood Art Festival!)
Sunday, May 3	GROUP WALK	SAMUELL FARM YRE, 9 am
Saturday, May 9	WALK	CAMERON, TEXAS — Trotting Texas Turtles
Tuesday, May 12	CLUB SOCIAL	HOTEL LAWRENCE RESTAURANT — Downtown (Houston at Jackson), 6 pm
Saturday, May 16	WALK	GRANBURY, TEXAS — Hood County Hummers
Sunday, May 17	WORKERS WALK	FT. WORTH CONVENTION WALK, 8 am (see details on convention website)
Sunday, May 17	PLANNING MEETING	2009 CONVENTION PLANNING MEETING — REI, 2 to 4 pm
Saturday, May 23	GROUP WALK	CEDAR RIDGE PRESERVE YRE — Start: 'Park in the Woods' Rec Center, 9 am
May 23–25	WALKS	OKLAHOMA MEMORIAL DAY WEEKEND WALKS — Kiowa & Caddo counties
Saturday, June 6	GROUP WALK	WAXAHACHIE YRE, 7:30 am
Sunday, June 7	GROUP WALK	SAMUELL FARM YRE, 9 am
Tuesday, June 9	BOARD MEETING	REI, 7 pm
Saturday, June 20	PRE-CONVENTION WALK	WICHITA, KANSAS
Sunday, June 21	PRE-CONVENTION WALK	JOPLIN, MISSOURI
Monday, June 22	PRE-CONVENTION WALK	SULPHUR, OKLAHOMA
June 22–26	AVA CONVENTION	RICHARDSON — Renaissance Hotel
Saturday, June 27	POST-CONVENTION WALK	BOSSIER CITY—SHREVEPORT, LOUISIANA
Sunday, June 28	POST-CONVENTION WALK	HOPE, ARKANSAS

The Dallas Trekkers, Inc., is a member of the American Volkssport Association and has been promoting healthful walking and trail development in the Dallas area since 1979.

Your 2008–2009 Club Officers are—President: Helen Bateman 214-732-3419 helenbateman@earthlink.net

1st VP: Marilyn Nash 972-617-5158 marilyn_nash@aircanopy.net • 2nd VP: Deborah Carter 972-285-8102 dahv@earthlink.net

Secretary: Helen Hull 972-530-1026 helenhthun@yahoo.com • Treasurer: Bob Rountree 214-369-5658 jrtree@swbell.net

Dallas Trekkers, P.O. Box 743813, Dallas, TX 75374-3813

Please submit articles, reports, and digital photos to Beverly Peters, e-mail: bpetersels@netscape.net. Deadline for July–August newsletter is June 15th.