



MARCH MEMBERSHIP SOCIAL: TRINITY HALL IRISH PUB

TUESDAY, MARCH 10th

5321 E. Mockingbird Lane (next to Angelika Theater) • 214-887-3600

Dinner/Social: 6:00 pm • 5K walk @ SMU: 7:00 pm

Come to our bimonthly social and help celebrate the birthday of Bob Rountree, club Treasurer, at Trinity Hall. This authentic Irish pub and restaurant is adjacent to the Mockingbird Station and is easily accessible via DART light rail. There will also be a Guinness pint pull contest (pub-wide) and a post-dinner 5K walk of SMU, one of two new YREs for 2009. Please join us!



RECAP: RECENT TREKKER ACTIVITIES



The annual holiday party in January always includes a white elephant gift exchange. (Left) Deborah Carter holds an original painting by Muffy Carlo of, literally, white elephants. (Right) David Sheppard shows off a newly acquired DVD. Photos: Helen Bateman.



Walkers from several area clubs enjoyed the "Sweetheart Stroll," a group walk of the Uptown YRE on Valentine's Day. Photo: Marilyn Nash.

2009 AVA CONVENTION: CALL FOR VOLUNTEERS

by Deborah Carter, 2009 AVA Convention Operations Director
and Dallas Trekkers 2nd Vice President

Dear Dallas Trekkers Member,

You might have heard that the 2009 AVA Convention will be held at the Renaissance Hotel in Richardson this June 22–26. The convention walks are based upon the popular DART walks. The station stops that we will use for the walks are White Rock, Cityplace, Union Station, and the Trinity Railway Express (TRE) station in Ft. Worth.

We will need volunteers at the time of the convention, so one of our Volunteer Coordinators, Donna Hall or Sue Wolfson, will be calling you about these opportunities. We have positions indoors and outdoors and, yes, we will be happy if you can give us just a few hours of your time.

Please consider helping to show our guests Fun and Friendship when they visit the Dallas area in June.



RECAP: TVA MEETING IN DALLAS



Texas Volkssport Association (TVA) members met in Dallas in February to help finalize plans for the upcoming convention and to preview some of the convention walks, which will all be accessible by DART light rail. Photos: Donna Hall.

YEAR-ROUND* GROUP WALKS

WHITE ROCK LAKE 10K

Most Sundays @ 8:00 am
Doctors Hospital, 9330 Poppy Dr
POC: Beverly 972-489-3072
bpetersels@netscape.net

RICHARDSON 10K

Wednesday evenings @ 6:45 pm
Whole Foods, Coit @ Beltline
POC: Cathy 972-386-5922
cathy@classicopenings.com

SAMUELL FARM 10K

1st Sunday each month @ 9 am
100 US Hwy 80 E, Mesquite
(Just east of Beltline Road)
POC: Dave 972-285-8102
dahv@earthlink.net

Please do not use prime parking at start point locations. Always check the website for any last-minute changes or updates.

*Year-round events (YREs) are self-guided walks available most every day. Some are offered as group walks at specific times.



MILESTONES

EVENTS:

Sharon Roy	10
Sue Wolfson	50
Scott West	225, 250
Vicki West	225, 250
Lesley Bowen	550, 575

DISTANCE (kilometers):

Sue Wolfson	1000
Lesley Bowen	8000



Visit www.dallastrekkers.org
for club information
and www.ava.org
for more walk listings

PRESIDENT'S MESSAGE by Helen Bateman

For those of you who are new to our club or still unfamiliar with some of the commonly used volkssporting terms, here is a short list of frequently asked questions:

- **What is a YRE?** It is a year-round event and is a self-guided walk that clubs make available most days of the year, at times that depend on the location of the start point.
- **What is a regular event?** It is usually a walk that is sanctioned for one or more days. In the North Texas area, our regular events are usually on Saturdays.
- **What does IVV mean?** IVV is the international organization that is ultimately over our club and our national organization, the American Volkssport Association. IVV stands for Internationaler Volkssportverband, or the International Federation of Popular Sport.
- **What is the AVA?** It is the American Volkssport Association, which is our national organization. Our club is a member of the AVA. You can also be an individual member of the AVA.
- **What is The American Wanderer (TAW)?** *The American Wanderer* is the national publication of the AVA that lists walks, photos, awards, and other information on volkssporting. AVA members receive it six times a year.

For more information on volkssporting, click on the "What we are about" link at www.ava.org.

NEW YEAR-ROUND EVENT FOR 2009: SMU AREA

As part of our club's 30th anniversary, we are offering nine year-round events in 2009. In addition to the Cedar Ridge Preserve YRE, we have added a 10K walk that visits the SMU campus and the M-Streets neighborhood of Dallas. The start box is located at the Starbucks at Mockingbird Station, so you can ride DART light rail to reach the walk. You can easily walk a 5K by taking only one loop of the route (SMU or M-Streets). On March 10th, after the membership social at Trinity Hall, we will walk the SMU 5K. If you are looking for a value-added YRE, plan your walk for a Saturday when the Dallas Harlequins rugby football club (www.quins.com) plays at Glencoe Park. The M-Streets loop goes right past the playing field.



NAME THIS MYSTERY YRE! The first person to send the right answer to helenbateman@earthlink.net gets 1 coupon good for a Dallas Trekker walk. (Board members aren't eligible.)

CALENDAR OF EVENTS • MARCH–APRIL 2009

Sunday, March 1	GROUP WALK	SAMUELL FARM YRE, 9 am—Bring your kite and fly it
Sunday, March 8	PLANNING MEETING	2009 CONVENTION PLANNING MEETING—REI, 2 to 4 pm
Tuesday, March 10	CLUB SOCIAL	TRINITY HALL IRISH PUB & RESTAURANT—Mockingbird Station, 6 pm
Saturday, March 14	WALK	PAVILION @ HUFFMAN ELEMENTARY, PLANO—Plano Walking Club
Saturday, March 21	WALK	CAMP TYLER, WHITEHOUSE, TX—East Texas Trekkers
Wednesday, April 1	GROUP WALK	RICHARDSON YRE—Whole Foods, 6:45 pm (special April Fools' Day walk)
Sunday, April 5	GROUP WALK	SAMUELL FARM YRE, 9 am—Bluebonnet viewing at the farm
Tuesday, April 14	BOARD MEETING	REI, 7 pm
Saturday, April 18	GROUP WALK	CEDAR RIDGE PRESERVE YRE, 8 am
Sunday, April 19	PLANNING MEETING	2009 CONVENTION PLANNING MEETING—REI, 2 to 4 pm
Saturday, May 2	GROUP WALK	RICHARDSON YRE—Whole Foods, 8:30 am (Cottonwood Art Festival!)

Save these dates for our next regular events: October 31, 2009 & November 21, 2009!

The Dallas Trekkers, Inc., is a member of the American Volkssport Association and has been promoting healthful walking and trail development in the Dallas area since 1979.

Your 2008–2009 Club Officers are—President: Helen Bateman 214-732-3419 helenbateman@earthlink.net

1st VP: Marilyn Nash 972-617-5158 marilyn_nash@aircanopy.net • 2nd VP: Deborah Carter 972-285-8102 dahv@earthlink.net

Secretary: Helen Hull 972-530-1026 helenhthun@yahoo.com • Treasurer: Bob Rountree 214-369-5658 jrtree@swbell.net

Dallas Trekkers, P.O. Box 743813, Dallas, TX 75374-3813

Please submit articles, reports, and digital photos to Beverly Peters, e-mail: bpetersels@netscape.net. Deadline for May–June newsletter is April 15th.