



JULY MEMBERSHIP SOCIAL: BREAD WINNERS

TUESDAY, JULY 14th • 6:30 pm

Bread Winners in Inwood Village (Inwood & Lovers)
5560 W. Lovers Ln, #260, Dallas, TX 75209
214-351-3339

Please join us for our bimonthly membership meeting and club social at Bread Winners Café & Bakery. We'll visit over dinner and have a short business meeting afterwards. See you there!



AWARD WINNERS AT THE CONVENTION



AVA President Curt Myron presents three awards to Lesley Bowen.

Lesley Bowen received three publicity awards from the AVA for her artistic and creative skills: one for a photograph she took at Big Bend and two others for event brochures that she designed (Trinity Forest Walk and Azalea Walk).

Ten other Dallas Trekkers were among those who received service awards:

Certificate of Service Awards

3 years: Helen Hull, Beverly Peters, Bob Rountree, David Sheppard, and Vicki West

5 years: Gary Silkworth

Meritorious Service Awards

Helen Bateman, Deborah Carter, Cathy Kelcher, and Gary Whitford

DALLAS SPARKLES FOR THE AVA CONVENTION

by Bob Rountree, Treasurer and Convention Committee Member

As the 2009 AVA Convention fades into the past, how will it be remembered? The buzz I hear is "one of the best." When Bruce and Claudia Fitch pitched the idea of a Dallas convention to the AVA years ago, they focused it around a unique concept that would work in just a few cities: use only the public rail transportation system. Selecting the Renaissance Hotel at the Galatyn Plaza DART Station was a key component. Bruce's original goal of starting the walks at DART stations was expanded and detailed by Trekkers President Helen Bateman, who served as



Dan Halter and Mary Burnett at the White Rock DART Station on Wednesday.



Left: Bob Rountree and "human arrow" Charlotte Phillips at the Dallas Underground on Monday. Right: A Thursday post-walk trolley ride in Uptown . . . those Texas Wanderers.

the convention's walk director. The five walks showed different aspects of Dallas and Fort Worth that were surprising to most. In fact, a volksmarmer who had done 700 walks said that the Downtown Dallas Underground was the best of them all. The walks could be done on any day, and having a centralized finish table at the hotel enabled walkers to get their books stamped at one

time. Efficiency was crucial, as each event averaged 350 walkers!

The organization and operations of the convention fell to Deborah Carter after the passing of John Ferguson. Deborah held monthly meetings for the last 18 months and made good use of Jim Carlo's computer skills; he captured the registration data on a spreadsheet, from which she could draw totals of everything and summarize each convention's purchases.

None of this would have worked without Donna Hall spending hours on the phone and computer, organizing over 125 volunteers from all over the country to greet walkers, be "human arrows" at the DART stations, work at checkpoints, stamp walkers' books, carry water jugs, and pick up lost walkers. Cathy Kelcher manned the North Texas Clubs booth in the exhibits hall for all four clubs. Dianne Duke and Sharon Roy coordinated the food, decorations, and entertainment for the



Muffy Carlo (left) and Donna Hall man the volunteer table at the convention hotel in Richardson.

(continues on back)

YEAR-ROUND* GROUP WALKS

WHITE ROCK LAKE 10K

Most Sundays @ 7:00 am
Doctors Hospital, 9330 Poppy Dr
POC: Beverly 972-489-3072
bpetersels@netscape.net

RICHARDSON 10K

Wednesday evenings @ 6:45 pm
Whole Foods, Coit @ Beltline
POC: Cathy 972-386-5922
cathy@classicopenings.com

KATY TRAIL/UPTOWN 10K

One day a month (see calendar)
McDonald's, Fitzhugh @ US 75
POC: Helen 214-732-3419
helenbateman@earthlink.net

Please do not use prime parking at start point locations. Always check the website for any last-minute changes or updates.

*Year-Round Events (YREs) are self-guided walks available most every day. Some are offered as group walks at specific times.



MILESTONES

EVENTS:	
Jaden Kelcher	10
Dewayne Roy	10
Dianne Duke	30
Donna Hall	30
John Girard	75
Diana Nash	75
Alice Eads	100
Bill Nash	125
Phyllis Girard	150
Marilyn Nash	225
Helen Hull	275, 300
Sarah Hoover	300, 325
Donna Whitford	400, 450
Gary Whitford	500
Helen Bateman	650

DISTANCE (kilometers):

Dianne Duke	500
Donna Hall	500
Dewayne Roy	500
Sharon Roy	1000
Alice Eads	2000
Helen Hull	3000
Sarah Hoover	3500
Donna Whitford	5000
Gary Silkworth	6000
Cathy Kelcher	7500
Gary Whitford	7500

(AVA Convention, continued from front)



Doris Conyers and David Sheppard near the registration table.

social events. As a result, the opening reception, two lunches, the Texas barbecue, and the final formal dinner all had wonderful food that was well served. Two live bands added to the festivities. Other convention committee members who helped make the week so successful were David Sheppard, Gary Whitford, Susan Fine, Helen Hull, Sue Wolfson, Gary Silkworth, and Lesley Bowen.

Conventions foster new friendships and allow old friendships to be rekindled; this one was no exception. Longtime Dallas Trekkers who attended included Mackey Harper, Dot Myers, and Leroy Wright.

The 16th Biennial AVA Convention was a Texas blast that will last in everyone's memory! For those who would like a souvenir of this remarkable event, coasters, polo shirts, and pins are still available from AVA headquarters.



Left to right: Über-volunteers Helen Hull and Brooke Hudson on the Friday trail; Karen Reger and Russ Crane of Madison, Wisconsin, on Tuesday's walk in Fort Worth; Fort Worth Checkpoint 1 at Fire Station 2; and Tulsa Club members along Turtle Creek on Thursday.

RECAP: GROUP WALK AT CEDAR RIDGE PRESERVE



A group of Dallas Trekkers enjoyed a warm May day in the woods. **Left:** Bob Rountree stands behind (left to right) Dianne Duke, Brooke Hudson, and Donna Whitford. **Right:** (standing, left to right) Gary Whitford, Brooke Hudson, Deborah Carter, Bob Rountree, and Lesley Bowen; (standing in front) Donna Hall and Sue Wolfson; (seated at table, left to right) Bob Cummings, Beverly Peters, Dianne Duke, and Richard Carville; (foreground) Helen Bateman with Milly and Nappa.

CALENDAR OF EVENTS • JULY–AUGUST 2009

Saturday, July 11	GROUP WALK	UPTOWN YRE — McDonald's, 7 am
Tuesday, July 14	CLUB MEETING	BREAD WINNERS, Inwood Village (Inwood & Lovers), 6:30 pm
Saturday, July 18	WALK	SUNRISE WALK IN RICHARDSON — Plano Walking Club
Saturday, August 8	GROUP WALK	UPTOWN YRE — McDonald's, 7 am
Tuesday, August 11	BOARD MEETING	REI, 7 pm

Visit www.ava.org for more walk listings and www.dallastrekkers.org for club information

The Dallas Trekkers, Inc., is a member of the American Volkssport Association and has been promoting healthful walking and trail development in the Dallas area since 1979.

Your 2008–2009 Club Officers are—President: Helen Bateman 214-732-3419 helenbateman@earthlink.net

1st VP: Marilyn Nash 972-617-5158 marilyn_nash@aircanopy.net • 2nd VP: Deborah Carter 972-285-8102 dahv@earthlink.net

Secretary: Helen Hull 972-530-1026 helenhull@yahoo.com • Treasurer: Bob Rountree 214-369-5658 jrtree@swbell.net

Dallas Trekkers, P.O. Box 743813, Dallas, TX 75374-3813

Please submit articles, reports, and digital photos to Beverly Peters, e-mail: bpetersels@netscape.net. Deadline for the September–October newsletter is August 15th.