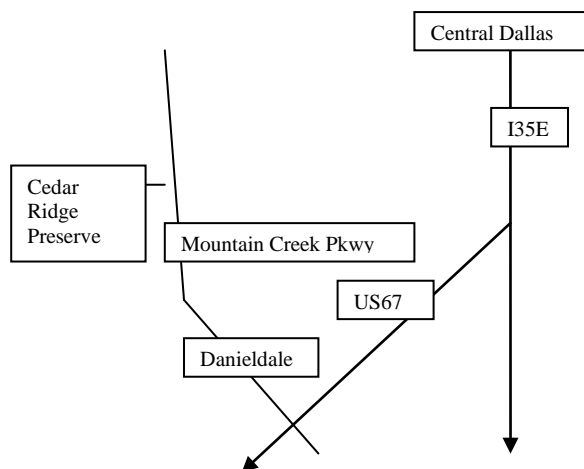


DIRECTIONS

Leave central Dallas driving south on I35E. After approximately 5 miles go right on US67 in the southwest direction. After approximately 8 miles, exit on Danieldale Rd turning right. In about two miles Danieldale becomes Mountain Creek Parkway, and after one more mile the Cedar Ridge Preserve gate will appear on the left. The parking lot is $\frac{1}{4}$ mile from the gate and the Start Table will be by the restrooms.



WHO WE ARE

The Dallas Trekkers Walking Club, founded in 1979, exists to promote non-competitive walking in the Dallas area. This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV).

Visit the Dallas Trekkers web site (www.Dallastrekkers.org) for more information on our club and its weekly group walks, and links to other events - local and across the country!

CAUTION

Cedar Ridge is a preserve which includes wide animals and poisonous plants. Be alert for snakes and poison ivy. There are no restrooms or water on the trail. Walk prepared.

WALK WILD IN THE CITY

Cedar Ridge Preserve

5 or 10 km Walk

Saturday
November 15, 2008
Dallas, Texas

The Dallas Trekkers Walking Club
Volksmarch Club 034
(SW08/82446)

www.dallastrekkers.org



Eligible for credit toward
IVV Achievement Awards

Join the Dallas Trekkers as we walk through the woods and hills of Cedar Ridge Preserve. Look at the wildlife and vegetation in a natural habitat within 20 minutes of Downtown Dallas.

WALK AT YOUR OWN PACE

Whatever your fitness level, Volksmarching is for you! There is no need to compete with anyone. Just come dressed for outdoor weather, have fun, and enjoy the walk through southeast Dallas County. Pets are allowed on a leash.

WALK INFORMATION

Contact Bob Rountree at jrtree@swbell.net or 214-369-5658.

START POINT ADDRESS

7171 Mountain Creek PKWY, Dallas, TX 75249-1159 The Start and Finish point will be near the restroom building beside the parking lot of Cedar Ridge Preserve.

WATER & RESTROOMS

There will be water at the Start/Finish table by the restrooms. There will be none available on the trail.

Start/registration time is between 8:00am and 11:00pm; Finish by 2:30pm.

WALK DISTANCE & ROUTES

This 5 and 10km walk will be following established trails marked with ribbon. This walk is rated 3.5 with a long section of rough terrain moving up and down ravines. The walk loops so that both the 5k and 10k Walk return to the Start/Finish Point.

ELIGIBILITY & FEES

This walk is open to the public. Everyone is welcome, but an adult must accompany any children under 12 years of age at all times. All participants must sign a start card which includes a waiver of liability and must carry a copy of the start card during the walk and return it to the Finish Table at the end of the walk.

Participants may register at the Start Table on the day of the walk between 8:00am and 11:00am. This event is open to everyone. Participants may contribute \$3.00 to register at the start point on the day of the walk. Participants requesting IVV stamp credit are required to pay the registration fee. Donations to help with walk costs are welcome. This walk event will be held regardless of weather (no refunds).

SPONSOR

The Dallas Trekkers, Inc. (aka The Dallas Trekkers Walking Club) sponsors this event. Neither the sponsor nor the cooperating entities are liable for accidents, theft and/or damage. Reasonable effort will be made by the sponsors to make this a safe, enjoyable and memorable event.